

Learn Life Saving Skills



Right now, many of us are worried about others—including their mental health. Now more than ever, we need effective skills to watch over our friends, family, and co-workers and keep them safe. The Boilermakers have partnered with LivingWorks to offer a suicide prevention course called Start. Start is a simple, powerful online training program to help us recognize the signs of suicide and take meaningful action to protect others. Our objective is to have as many Boilermakers as possible learn these life saving skills. To participate please send an email to ballin@boilermaker.ca to receive your free registration package. A small investment of time to learn how to save a life. Register today.

